



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
BUREAU OF COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
SUMMER FOOD SERVICE PROGRAM (SFSP)
MENU - MEAL TEMPLATE (7 DAY)

NAME OF SPONSOR							
NAME OF SITE						WEEK OF	YEAR
Breakfast	DATE:	DATE:	DATE:	DATE:	DATE:	DATE:	DATE:
Fluid Milk (8 oz.)							
Vegetable or Fruit (1/2 cup)							
Grain/Bread (1 slice/serving)							
Other Foods							
Lunch/Supper							
Fluid Milk (8 oz.)							
Meat/Meat Alternative (2 oz.)							
2 Vegetables and/or Fruits (3/4 cup total)							
Grain/Bread (1 slice/serving)							
Other Foods							
Snack Serve 2 of 4 components							
Fluid Milk (8 oz.)							
Meat/Meat Alternative (1 oz.)							
Vegetable or Fruit (3/4 cup)							
Grain/Bread (1 slice/serving)							
Other Foods							